



ESSENTIAL OIL DIFFUSER BLENDS FOR AUTUMN

Add these drops into your diffuser along with the amount of water recommended by the manufacturer. Diffuser and let your stress melt away.

CELEBRATING FALL

4 drops sweet orange
3 drops lemon
3 drops fir

PUMPKIN SPICE

5 drops sweet orange
3 drops cinnamon
2 drop clove
1 drop nutmeg

CRISP AUTUMN AIR

2 drops basil
3 drops grapefruit
1 drop clove